

District 7170 Newsletter



Rocky Martinez – District Governor 2022-2023
Rotary Club of Johnson City, USA

Jennifer E. Jones – Rotary International President 2022-2023
Rotary Club of Windsor-Roseland, Ontario, Canada

www.rotarydistrict7170.org | www.rotary.org

Peace and Conflict Prevention/Resolution

February 2023

Governor's Message



Dear Fellow Rotarians,

When I took this role on, I assumed I knew a fair amount about what you did in our District and to be quite honest with you I thought I knew where I could make a difference. After visiting and listening to so many clubs these past few months, I have a new outlook on our District. I want to thank all of you who share your meeting minutes with me. You would be amazed at all the positive influences our clubs make in our communities. I'm so proud to be your governor and it is the clubs that make this District what it is, not your governor. Thank you for letting me be part of that.

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During February, Rotary Peace and Conflict Prevention/Resolution Month, we're celebrating our commitment to build peace and mitigate conflict. Millions of people all over the world are currently displaced by armed conflict or persecution. Through service projects and Rotary programs, the Rotary family is committed to pursuing projects that address the structural causes of conflict, including poverty, inequality, ethnic tension, lack of access to education, and unequal distribution of resources. Rotarians train adults and young leaders to prevent and mediate conflict and aid refugees who have fled dangerous areas.

Just a reminder that Rotary has a fundraising initiative called Every Rotarian, Every Year. The goal is to increase both fund-raising and Ro-

tarian engagement with the Foundation. If every Rotarian gave at least \$25 to the Rotary Foundation, think of what we would accomplish! Each year, The Rotary Foundation funds grant projects in our local communities and around the world. Because of your generosity, our school children have food to eat over weekends and during breaks, clubs have helped improve public parks and recreation areas, and we have brought clean drinking water to villages around the world. These projects, and more, were possible because Rotarians from District 7170 supported our Rotary Foundation and participated in Foundation grants.

EVERY ROTARIAN, EVERY YEAR

Did you know that donors who gave \$25-\$50 contributed more than \$5.1 million to the Foundation in 2020-21? When every Rotarian gives every year, it makes life-changing, sustainable projects possible.

Also in 2020-21:

- \$139 million was given to the Annual Fund.
- 34% of Rotarians donated to the Annual Fund.
- 82% of Rotary clubs supported the Annual Fund.
- 2,066 global grants were awarded.

EVERY
ROTARIAN
EVERY
YEAR



building self-esteem and learning about healthy relationships, decision-making, conflict resolution, health, and social responsibility. The GIRLS' CLUB program provides a safe place where these girls are developing leadership and communication skills, building bonds with other girls in their community, and are encouraged to stay in school, develop their talents, and pursue their dreams.



Through an international district grant, our District 7170 was able to provide 30 tablets for the program. The tablets are key tools for enhancing the participants' education, especially now as they are beginning their lessons in technology and English. The girls will learn word processing, simple spreadsheets, basic design tools as well as personal finances, budgeting, and how to develop a group entrepreneurial project. Also, they will connect with other girls and do a cultural exchange via video conferencing. They will use online applications to learn and practice English.

Although the GIRLS' CLUB program is only a few years old, it has had a positive impact in increasing the number of years participants stay in school, as well as reducing child pregnancy, child marriage, and domestic violence. Participant surveys have also shown a positive impact on how the program has influenced their goals and ambitions, their self-confidence, and their social and educational skills.

Thank you, District 7170, for their participation in this important program.

- Lana Rouff, Global Grants Chair

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Climate Action News

Reduce ... Reduce ... Reduce

Last month 4 key actions were mentioned to help you reduce your carbon footprint. There are many other day to day actions you can incorporate into your life that will help. We will continue to present suggestions but take it on yourself to learn more, come up with your own, and take action!

Water is this month's brief topic.

Of all the water on our blue planet only about 3% is fresh and only about a sixth of that is available for human use and consumption. Much of what is available is becoming more and more contaminated with forever chemicals, micro plastics, and scores of other pollutants making what little there is even more precious. **Don't waste it!**

Water use is energy use! Municipal water systems require electricity to pump both treated and untreated water. Energy is used to manufacture the various chemicals used to treat it as well as to transport those chemicals to the facilities. If you are on a well, you have a pump that uses electricity to draw water up and maintain pressure. A large amount of energy is used to heat water for cooking and the washing of dishes, cloths, and people! **Minimize this usage!**

The average household uses about 130 gallons total per person much of which is hot. Hot water is used to shower, wash hands, dishwashing, and clothes washing saves A LOT of energy). To heat one gallon of water requires 8.33 BTU to raise the temperature 1° F. Somewhere around 50 F is a good number for cold tap water, 110 E is a good number for so 60 increase, per gallon, takes 146 watts

Take Action to save water:

Take shorter showers. (Get wet, turn the water off, soap up & scrub, then turn on to rinse.)
Do not run water when brushing your teeth. (It really isn't that hard to turn a tap off or on)
Do not waste water on some false idea of what a lawn is supposed to be. (A topic for another day!)
Do not let water run while washing dishes in the sink.
(Don't believe you should run the dishwasher every day)
Use cold water laundry detergents (Try laundry sheets for even greater energy savings)

None of this is rocket science, it just takes a bit of awareness, encouragement, and the discipline to change our wasteful habits.

- Evan Kurtz

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District News

D7170 Needs a Secretary for 2023-2024

We are looking for a district secretary for the 2023-2024 Rotary year – if you have interest please email Wendy Deis, District Governor Elect at wendygirl201@gmail.com.

- DGE Wendy Deis

(Please see the poster at the end of the newsletter for more information.)

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CNY Rotary Update

Thanks to the conversations members have with their District Governor, we know you have questions about what's happening with the future of our districts. What exactly is CNY Rotary? Why the term "CNY?" Are there people from my district involved in the CNY committee? What is the committee doing?

The answers to those questions and more were shared at virtual town hall meetings in January. Steering committee and action group members from all across our region presented updates on the work they are doing and fielded questions from members. There is one more town hall on Thursday, February 16th at 7pm. You can register to get the Zoom link at www.cnyrotary.org/events.

One consistent question we have heard is "Why does CNY Rotary matter to me as an everyday Rotarian?" That's a great question with many, many answers! The way our new district operates will have very little impact on your club's day-to-day activities. You will remain autonomous groups and plan your own meetings, projects, and activities just as you have always done. The district will continue to serve as a resource to clubs with leadership training, support foundation giving, provide guidance on your public image, and help your membership recruitment and retention efforts. CNY Rotary is seeking to provide even better support from a broader leadership team that will be poised to serve our larger region starting in July 2024.

In truth, CNY Rotary can be whatever you want it to be for you. It can be an entity you continue to only interact with when your Assistant Governor pays a visit, or you go to our annual conference. It could be the people that provide you with excellent training and networking opportunities because you are a club leader. If you are an experienced member, it could be a team you join to lend your expertise in service to your fellow Rotarians. If you are a newer member (or maybe a newly engaged member), it could be a place to further develop your skills in a variety of

If you want to be more involved in the planning of CNY Rotary, submit your name at www.cnyrotary.org. Watch for calls for volunteers in the near future as we work to fill these new, robust committees where it will hopefully be many hands making light work! Be sure to follow @cnyrotary on Facebook and Instagram, continue reading your district newsletter and check our website for future news and updates.

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food baskets to families in need. We were able to give each family 3 boxes of food totaling approximately 100 pounds of food per household. Enough food is provided for a Holiday meal as well as food for the winter break.

A very special thank you to Sam A. Lupo and Sons for providing their facility for staging, packing and storing baskets, as well as a refrigerated delivery truck. We would also like to thank all of our community partners, as well as The Community Foundation for offering us grant funds for food insecurity. This allowed our team to provide food to 25 additional families this year.

Thank you, Nikki, Dave and Mike, for leading the project for Endicott Rotary and The Union-Endicott School District, especially Nicole, Pamela, Jenn and Chris. We are truly grateful to live, work and be a part of such a caring community.

- Brian Steele

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Franklin Rotary

In early November 2022, Rotary members from Franklin, Delhi, Hobart, and Sidney were joined by the Andes Garden Club for a tour of the Delaware County Solid Waste Management Center (SWMC) in Walton. The goal of this tour was to better understand what happens to waste generated in our county once it leaves our homes and businesses which aligns with Rotary International's seventh area of focus: the environment. Tyson Robb, Solid Waste Coordinator, took us through the materials reclamation facility (MRF) and compost facility, answering questions and discussing the county's solid waste management strategy throughout the walking tour.



Delaware County was one of the first municipalities in the nation to install a state-of-the-art composting facility to reduce the materials being landfilled. Along with diverting waste through composting, the SWMC also diverts waste through recycling of a variety of materials for resale in the regional, national, and international markets. In addition to these efforts, the SWMC has created partnerships with regional organizations and businesses to create markets for harder to recycle materials such as agricultural plastics and glass.



The takeaway message of the trip was to reduce, reuse, recycle – the same message many of us have been hearing since we were kids. Solid waste management starts at home (and work) with the sorting of recyclable materials from nonrecyclable materials. Often misunderstood, “single stream recycling” does NOT mean that the staff at the SWMC are sorting through bags of household or commercial trash. Single stream recycling means that the recyclables that have been separated from the nonrecyclable materials (trash) by those at home or at their workplace do not have to be further separated into glass/plastic/metal/etc. before being sent to the SWMC. Recycling is mandatory in Delaware County, and it only takes a small amount of effort for everyone to do their part.

Pre-COVID, the SWMC held an annual open house event for the public which they hope to return to this year. To learn more about the SWMC you can visit them online at <http://www.co.delaware.ny.us/departments/sw/sw.htm> or on Facebook, “Delaware County Department of Public Works.”

- Amber Gray

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Ithaca Rotary

The Ithaca Rotary Club will be hosting a Ukraine benefit Concert on Sunday, February 19 at 4:00pm at the First Unitarian Society of Ithaca, 306 N. Aurora Street, Ithaca.

Volunteers are needed to help with the concert:

1. Publicizing the concert with posters and media announcements
2. Concert setup and cleanup on 2/19 from 3:00 – 5:00pm or 4:00 – 6:00pm
3. Be an usher at the concert from 3:30pm – 5:00pm
4. Help with the art auction on 2/19 from 3:00 – 5:00pm or 4:00 – 6:00pm
5. Bake a dessert for a reception after the concert (Drop off on 2/19 at 3:30pm)

Please email Sherrie Negrea at sherrie@versatilewriting.com to volunteer for any of these tasks.

Thank you!

- Geoff Dunn

(Please see the poster at the end of the newsletter for much more information.)

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Norwich Rotary

In December, Norwich Rotary club sponsored a ride on the Santa Claus Express of the Cooperstown & Charlotte Valley Railroad for local foster families. Our volunteers were also on hand to serve hot chocolate and cookies for everyone. Santa himself was also able to make it and gave out presents to the children. A wonderful time was had by all, and we hope to repeat the journey next Christmas.



Fostering Futures provides much needed support for foster families and vital community connections for children and youth in foster care. Fostering Futures recruits and trains small teams of volunteers from the community that offer natural and practical support to foster families. Serving as an “extended family” for foster parents and children, the teams provide stability, enriching experiences, and vital community connections. Fostering Futures was established in New York State in 2014 and has been operating in Chenango County since October 2019.

Norwich Rotary Club has been working with Fostering Futures for over 2 years, providing financial support including a District 7170 Community Grant and ongoing volunteer support from several of our members.

For more information on Fostering Futures, please contact Cathy Albrecht at cathy@improvenorwichnow.com

- Chris Smith

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Oneonta Rotary

Just like all season tires, Oneonta Rotarians keeping rolling through all kinds of weather!

Each December, Oneonta Rotarians purchase Christmas presents for children whose families would otherwise not be able to provide gifts. Working with three area service agencies, Family Services Association, Opportunities for Otsego, and The Salvation Army, Rotary club members shopped for 30 children, spending \$150/child. The unwrapped gifts were taken to the service agencies who oversaw distribution of the presents. Funds for this annual project are made possible by the vision and generosity of past member, Axel Axjoh.



Wrestling Trophies: And the trophy goes to Oneonta Rotarians Dave Rowley, Chad Smith and Jamie Reynolds!

This January, Oneonta Rotarians set the pace for 2023 by holding the annual Oneonta Rotary Ross Cordell Invitational Wrestling Tournament on Friday and Saturday, January 6th and 7th, at the Oneonta High School gym. The tournament, named for Oneonta Rotarian Ross Cordell has been held for over 30 years and continues to offer a unique opportunity for athletes from numerous New York State teams and beyond to showcase their abilities, meet other athletes and create life-long memories. In addition, proceeds benefit Oneonta High School's athletic program. This year's tournament featured 17 teams with Waverly taking first place team honors. Congratulations to Waverly and to all the competitors!

- Lynne Sessions

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Owego Rotary

Owego Rotary starts the year with eight new members

Owego Rotary Club excitedly announces that eight new members have recently joined the local service club. Gail Barton, Membership Chair for 2022-2023, welcomed and challenged each in an inspiring and moving ceremony. These newest members are all from our local area and might even be your neighbors and friends. Because they are enthusiastic about being active and doing positive things in our community, they have chosen to join with Owego Rotarians to turn their enthusiasm into action. As Helen Keller said, *"Alone we can do so little; together we can do so much."*



Owego Rotary extends the warmest welcome to Jonathan Totten, Kathy Ballester, Nadine Bigsby, Sabrina Henriques, Terry McGinn-VanHall, Richard VanHall, Josh Marland, and Mari Townsend. Thanks to this awesome group of energetic, talented, and resourceful people who have signed on to take the exciting Rotary journey waiting ahead.

Weekly Rotary meetings are held at Belva Lockwood Inn, 249 Front St., Owego, NY. For more information about service Owego Rotary provides to the community and other things that keep Rotarians busy, check out the website at www.owegorotary.org and follow us on Facebook and Instagram.

- Carolyn Wright

Canawanna Nature Preserve

The Owego Rotary Club celebrated its centennial of serving Owego for 100 years in 2020. The Centennial Ball [that had been] planned had to be cancelled due to covid, but the club was able to embark on a signature centennial project in the village. The club decided to start a nature preserve as a signature centennial project, the Canawanna Nature Preserve, in the southwest of the village in an area called Canawanna. Club members removed undesirable invasive plants in Canawanna and planted native habitat restoration trees and shrubs. They planted oak, sycamore, tulip tree and basswood trees. Also planted were arrowwood, nannyberry, high bush cranberry, hazelnuts, spicebush, winterberry, and other native berry producing plants that produce food for birds.

Rotary members constructed two hügelkultur beds for a Butterfly Garden. They were planted with many species of native pollinator plants which are important food and habitat for pollinators and birds in addition to butterflies. Eagle Scout Garrett Schultz had constructed a large sign with a trail map and three wooden benches for relaxing and watching nature in the nature preserve.

The Owego-Appalachian Class of 1967 recently donated \$600 to the Owego Rotary in recognition of the project and those funds will be used to purchase more trees and shrubs this Spring. The Tioga County Soil and Water Conservation District will be participating in tree planting in sections of the nature preserve this Spring which will augment wildlife habitat and reduce the area of grass that must be mowed.

- Kevin Millar

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Trumansburg Rotary

Friends, Rotarians and country people: Mark your calendars for this not-to-be-missed upcoming event! Our flamboyant and irrepressible Rotarian extraordinaire, Peggy Haine, will perform May 6, 7pm at The Trumansburg Conservatory, 5 McLallen St. in Trumansburg. For the occasion she has assembled former members of The Lowdown Alligator Jass Band- how fun is that!

Ticket information and performance details will be forthcoming; this is a notice to save the date. Remember, you missed Woodstock, you won't want to miss this one!

- Frank Zgola

(Please see the poster at the end of the newsletter.)

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The Last Page . . . for reference

Chat with the DG Track



Chat with the DG Track on the 5th of every —**this month, Sunday, February 5th**—at 7:00 PM. This is an opportunity for any Rotarian in District 7170 to ask questions and talk with members of our District leadership.

Visit the D7170 Events Calendar for the Zoom link: [Events | Rotary District 7170](#)



Getting club events on our District Calendar is easy!



If your club uses ClubRunner: While creating the event post for your club's calendar, look toward the bottom of the page and you will see a radio button labeled 'Show Event in District Calendar?'. Select 'Yes' to make your event visible on the District calendar! **If your club does not use ClubRunner:** Send an email with all the pertinent information to 7170Calendar@gmail.com. Include title, date, times, location, costs, event description, and a point of contact. If a point of contact is not provided, the default will be the club president. It may be several days before this gets seen and posted, so please allow time.

And remember Social Media!

Do you have a large collection of photos to share? Send an email to **Brian Steele** (bzps@icloud.com) to get them posted to the [D7170 website](#) and the [D7170 Facebook page](#) along with your story! Copy 7170newsletter@gmail.com on the message to have it cross-referenced in the newsletter.

Submission and publication schedule – Mark your calendars!

Soft Deadline – Send content to 7170newsletter@gmail.com by the 15 th of the month if possible.	Hard deadline – By noon on the 3 rd to last day of the month to allow time for final editing.	Publication!
Wednesday, February 15	Sunday, February 26	Wednesday, March 1, 2023
Wednesday, March 15	Wednesday, March 29	Saturday, April 1, 2023
Saturday, April 15	Friday, April 28	Monday, May 1, 2023



Published newsletters can be found on the D7170 website on this path **after** being posted online:
<https://rotarydistrict7170.org/> → District 7170 ▼ → District Newsletters ▼

Are you a writer?

Do you like expressing yourself with the written word? Did you attend or participate in a club or district event, face-to-face or virtually? **TELL US ALL ABOUT IT!** Write up a report about it and send it to: 7170newsletter@gmail.com!

Here's what to include for a good story: Who is involved/invited? What is the event/activity? When did/will it happen? Where did/will the event/activity take place? Why did/will it happen? How did it happen? Other details? Other people to contact?

Remember to include **your name** and **your club** in the subject line! And attach **photos** if you got 'em! 😊

MONTH	NEW ROTARY INTERNATIONAL THEME
July	Transition Month
August	Membership & Extension
September	Basic Education and Literacy
October	Economic and Community Development
November	The Rotary Foundation
December	Disease Prevention and Treatment
January	Vocational Service
February	Peace and Conflict Prevention/Resolution
March	Water and Sanitation
April	Maternal and Child Health
May	Youth Service
June	Rotary Fellowships

District Governor: Rocky Martinez
 Johnson City Rotary
rockymartinez7170@yahoo.com
 Log into ClubRunner for more info.



Editor: Christine (Chris) Haase
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7170newsletter@gmail.com



Supplement: Flyers, Forms, Reports, etc.

WE ARE ARE SEARCHING FOR

A DISTRICT SECRETARY
FOR ROTARY YEAR 2023-2024

must attend district events
assist with registration
take meeting notes as needed
working knowledge of Google

Interested Rotarians:
contact Wendy Deis, DGE 23/24
email: wendygirl201@gmail.com



CREATE HOPE in the WORLD

PEGGY HAINE
&
THE
LOWDOWN
ALLIGATOR
JASS
BAND





Ithaca Rotary Club Presents 

Music for Ukraine



**A benefit concert to upgrade school
bomb shelters in Lviv, Ukraine**

**Sunday, February 19 at 4 p.m.
First Unitarian Society of Ithaca
306 N. Aurora Street
Donations accepted at the door**

**Ukrainian music and more performed by members and friends of
the Ithaca Community Orchestra, Opus Ithaca and Kendal Chorus**

Featuring a local art auction

**Made possible with support of the Ithaca Community Orchestra,
Opus Ithaca and the Cayuga Chamber Orchestra**

**To donate to the school bomb shelter project, please visit
<https://www.cftompkins.org/giving/give-online/> and type in
Rotary Club of Ithaca and Ukraine in the comments**

The Rotary Leadership Institute (RLI) is a multi-district leadership development program whose mission is to strengthen Rotary Clubs through quality leadership education.

The overriding goal of the courses for club Rotarians is to create ENTHUSIASM for Rotary by opening the world of Rotary outside of their own club and showing them the great potential of Rotary service for the benefit of the world that can be furthered with excellent leadership in our clubs.

“Having leadership skills does not alone assure good Rotary leadership. An effective Rotary leader must also have Rotary knowledge, perspective about where Rotary has been, where it is now going, and a vision of what Rotary can be.”

The current recommended curriculum for 2022 has the following course sessions:

PART I The Purpose and Structure of Rotary Engaging members The Rotary Foundation Goals and Programs Practice Ethical Behavior Project Implementation Effective Communications	PART II Rotary Opportunities Making a Difference Attracting Members Targeted Services Public Image and PR Insightful Planning at the Club Level
PART III Vocational Service/Expectations International Service Building Connections Rotary Action Groups	GRADUATE COURSE CONTENT The course varies each year to provide Rotarians with continued education. This year’s topic: STRATEGIC PLANNING

Our district will be holding our annual RLI workshop on Saturday, March 4th, 2022, at The Johnson City Senior High School, 666 Reynolds Road, Johnson City NY 13790 at 7:30 AM to 3:30PM **with breakfast and lunch provided**. The cost of this event is \$35.00 per person for Rotarians in District 7170.

I am providing the link below to help assist with registration. If you have any questions, please don’t hesitate to contact me by email or by calling me. Time is moving quickly and RLI will here before you know it. Payments received after March 1st will be subject to a \$10 late fee.

I NEED YOUR HELP TO ENSURE THIS EVENT IS A WELL ATTENDED AND A SUCCESSFUL EVENT.

<http://www.rlinea.org/> (on the left, click on “more info” under **RLI NEA Seminar - Dist 7170 - Johnson City High School March 4th, 2023**) If you need help with your login information, please email Donna Rinaldi at donna@dssadmin.com

Thank you,
Matt Adler
Owego Rotary
District 7170, PDG, Membership Chair
Madler@stny.rr.com
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